



Strength and Conditioning Coach Job Description

Job Title: Strength and Conditioning Coach

Specific Grade(s): 7th – 8th grade

Reports to: Secondary Principal

Profile:

Central Christian Academy is seeking a passionate and knowledgeable faculty member for the position of Strength and Conditioning Coach who is committed to developing student-athletes physically, mentally, and spiritually. The ideal candidate will be a vibrant Christian who has experience implementing strength training and conditioning programs that enhance athletic performance. This position is part-time, and salary is dependent upon degrees earned and experience.

Spiritual Requirements:

- Evidence of an active and genuine faith in Jesus Christ
- Personal commitment to Christian schooling
- A belief that the Bible is God's inerrant and infallible word
- Agreement with CCA's Mission, Core Values, Purpose, Statement of Faith
- Agreement with CCA's employee lifestyle statement
- Evidence of active church attendance and membership at a church whose statement of faith is consistent with that of CCC and CCA
- Must have a welcoming and winsome personality
- Evidence of successfully serving as a Christian role model for a number of years
- Willingness to live and serve as a Christian role model as outlined in the CCA Employee Handbook
- Willingness to set an example of prayer, Bible study and unity in Christian fellowship
- Ability to integrate biblical principles into coaching and teaching
- Ability to accurately teach biblical truth to secondary school students
- Commitment to resolve professional and personal conflict biblically

Professional Requirements:

- Design and implement effective strength, speed, agility, endurance, and flexibility programs tailored to various sports teams and individual athletes
- Incorporate injury prevention and rehabilitation exercises
- Educate student-athletes on proper lifting techniques, nutrition, and recovery strategies
- Work closely with coaches and athletic staff to develop sport-specific training regimens
- Communicate with student-athletes and parents regarding performance and health status
- Ensure compliance with school policies, league regulations, and safety protocols
- Keep accurate daily and weekly records for attendance, grades, and lesson plans
- Ability to integrate biblical principles into coaching and teaching
- Ability to manage a classroom effectively and efficiently
- Ability to develop positive rapport with students, parents and colleagues

- Ability to utilize school's SIS program (FACTS) effectively to communicate and keep records
- Ability to use platforms such as Google Classroom, Microsoft Teams
- Maintain a clean, attractive, and well-ordered weight room environment
- Willingness to teach physical education classes as needed
- Willingness to agree to follow policies and procedures set forth in the CCA employee handbook

Personal Requirements:

- Strong communication skills in both speech and writing
- Organizational skills to maintain clear and current goals and records
- Strong confidentiality in communications and personal information
- Ability to successfully collaborate with other classroom teachers
- Recognition of the need for good public relations
- Ability to represent the school in a professional manner to its constituency and the public

Education:

- Bachelor's degree required
- Bachelor's degree in education, kinesiology, exercise science, or a related field preferred
- Certifications in strength and conditioning or weightlifting preferred
- CPR, AED, and First Aid certification required by first day of employment
- Secondary teaching experience, licensure with KSDE, or certification with ACSI preferred

Working Conditions and Physical Requirements:

- Primarily classroom environment (weight room) with the ability to engage with students and other teachers.
- The ability to stand, walk, sit, kneel, bend, reach, grip, push, pull, carry, lift, lower for a duration of time. Ability to lift 25 pounds. The ability to use fine motor skills including tactile while performing a task.

Acknowledgement:

I acknowledge that I have read the job description and requirements for the Strength and Conditioning Coach position, and I certify that I can perform these functions.

Employee/Applicant Signature _____ Date: _____

Administrator Signature _____ Date: _____

This job description in no way states or implies that these are the only duties to be performed by this employee. The employee will be required to follow any other instructions and to perform any other related duties as assigned by the appropriate administrator. Central Christian Academy reserves the right to update, revise or change this job description and related duties at any time.

Applicants: Please apply [here](#)